

Light4Health (L4H) Health Research for Lighting Design Course Enrollment Guide



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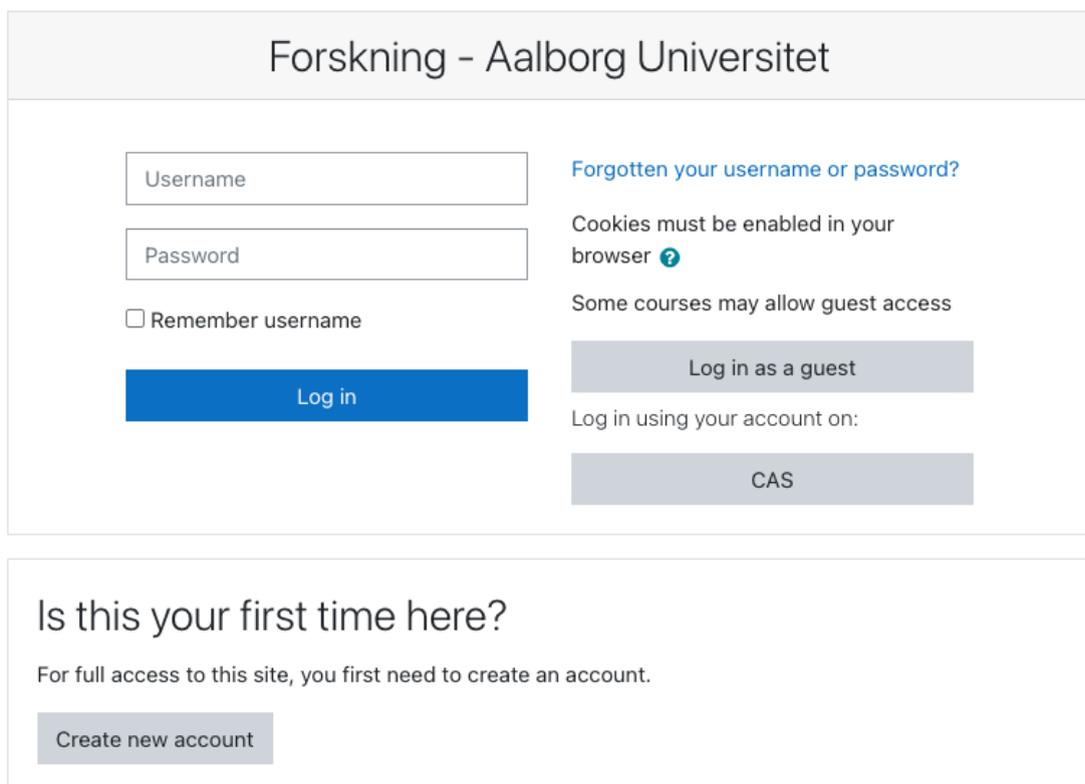
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Project No: 2018-1-UK01-KA203-048246

The online course Health Research for Lighting Design is hosted in a Moodle platform to facilitate accessibility and functionality.

In order to access the content of the course in the Moodle platform **an account must be created** by following these steps:

1. Visit the page <https://course.light4health.net/> and you will get the login page. Since this is your first time at the platform, you need to **create a new account** (use the link “Create new account” at the bottom of the page):



The screenshot shows the login interface for 'Forskning - Aalborg Universitet'. It features a header with the site name, a login form with fields for 'Username' and 'Password', and a 'Remember username' checkbox. A prominent blue 'Log in' button is present. To the right, there are links for 'Forgotten your username or password?', a note about cookies, and a 'Log in as a guest' button. Below these, it says 'Log in using your account on:' followed by a 'CAS' button. A separate box at the bottom asks 'Is this your first time here?' and provides a 'Create new account' button.



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2. In the **new account page** you need to choose a username, a password and provide some more details, as shown in the form below. And please don't forget to confirm that you are not a robot :)

Forskning - Aalborg Universitet

New account ▼ Collapse all

▼ **Choose your username and password**

Username !

The password must have at least 8 characters, at least 1 digit(s), at least 1 lower case letter(s), at least 1 upper case letter(s), at least 1 non-alphanumeric character(s) such as as *, -, or #

Password !

▼ **More details**

Email address !

Email (again) !

First name !

Surname !

City/town

Country

Security question ? I'm not a robot  reCAPTCHA
Privacy · Terms

There are required fields in this form marked ! .



- The next step is to click the link found in the email sent to your email address provided during the registration process (please also check your spam folder), in order to complete your registration. After confirming your email address, you will be able to login to the platform with the username and password that you just created.

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[Home](#) / [Confirm your account](#)

An email should have been sent to your address at [redacted]@yahoo.com
It contains easy instructions to complete your registration.
If you continue to have difficulty, contact the site administrator.

[Continue](#)

- After completing the registration process, the course can be accessed at <https://course.light4health.net/>. For the first time only, you need to click on the “Enroll me” button to enrol with your account to the L4H course.

Health Research for Lighting Design Online Course

[Dashboard](#) / [Courses](#) / [Health Research for Lighting Design Online Course](#) / [Enrol me in this course](#) / [Enrolment options](#)

Enrolment options

 [Health Research for Lighting Design Online Course](#)



Teacher: [Georgios Triantafyllidis](#)

▼ [Self enrolment \(Student\)](#)

No enrolment key required.

[Enrol me](#)



5. After your first enrolment, you can always access the L4H course by the direct link:
<https://course.light4health.net/>.

Health Research for Lighting Design Online Course ⚙️

Dashboard / Courses / Health Research for Lighting Design Online Course

Light4Health (L4H) Online Course of Health Research for Lighting Design (Interior)

Info:
 This course has been developed in the context of the Erasmus+ Strategic Partnership Project Light4Health (L4H) and presents different available tools, concepts, and research findings to inform lighting design. This is achieved in two distinct ways: (1) by exposing students to knowledge and examples of lighting-related health research in different fields of psychology and physiology; and (2) by guiding students to learn how to conduct their own evaluation and data collection: what can be measured, and how measurements get interpreted.

Structure:
 This course includes five educational modules, as well as a syllabus and material for teachers. The modules and the extra material can be accessed from the corresponding blocks at the bottom of this page

L4H consortium partners:

- University of Wolverhampton (UoW)
- Thomas Jefferson University (TJU)
- KTH Royal Institute of Technology in Stockholm (KTH)
- Hochschule Wismar, University of Applied Sciences: Technology, Business and Design (HSW)
- Aalborg University in Copenhagen (AAU)
- ITMO University in Saint Petersburg (ITMO)

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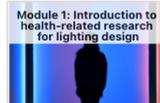
Disclaimer & Contact email:
 The consortium partners acknowledge that the content, while extensive, does not encompass the full extent of the work done in health-related lighting design research. The current course content is subject to refinements, updates and additions in later phases. Comments and suggestions are welcome and should be addressed to [info \[at\] light4health.net](mailto:info@light4health.net)



Course Description, Syllabus & L4H Consortium



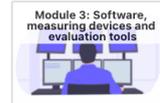
Material for teachers



Module 1: Introduction to health-related research for lighting design



Module 2: Review on lighting basics and health and wellbeing



Module 3: Software, measuring devices and evaluation tools



Module 4: Standards and best practices



Module 5: Application and examples from research and practice



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Briefly:

You create an account and you find the L4H online course at
<https://course.light4health.net/>



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